

ACTIONS TO HELP REDUCE THE SPREAD OF COVID-19



Wash your hands often
with soap and water.

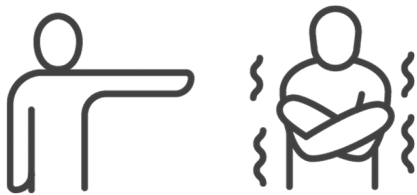
If soap and water aren't
available, use an alcohol-
based sanitizer that is at
least 60% alcohol.



For the health and safety
of employees and guests,
we have implemented a no
hand shake policy.

Eliminate physical
contact when greeting
others – such as
handshakes, hugging
and kissing.

Maintain at least 6 feet distance
between yourself and anyone
who is coughing or sneezing.



Avoid touching your
eyes, nose and
mouth.



With your
supervisor's
approval, stay
home when
you are sick.



Cover your cough
or sneeze with a
bent elbow or
tissue, then throw
the tissue in the
trash.



Clean and disinfect
frequently touched
objects and surfaces
using a regular
household cleaning
spray or wipes.

The best uses for face masks are for:

- those who are sick to avoid spreading to others
- health workers and caregivers who are taking care of someone

